WORKSHEET 01: YOUR DOG'S DAILY ROUTINE



Having a full picture of a day in your dog's life helps us understand what, if anything, in his environment or routine may be affecting his behavior. Dog training is a lifestyle change, and as such you may find that your daily routine with your dog changes as you begin to work with him more and more.

MORNING

Food _____
Activity _____
Enrichment_____
Socialization _____

AFTERNOON

Food _____
Activity _____
Enrichment_____
Socialization _____

EVENING / NIGHT

Food _____
Activity _____
Enrichment_____
Socialization _____

Is your dog crated or otherwise secured while you are not home?

_____

Does your dog have appropriate toys readily available to him?

_____

How often does your dog leave his house or yard?

_____

How often does your dog interact with people or other animals that aren't a part of his family group?

_____

What is your dog's favorite thing? What will he do ANYTHING for?

_____

What is your dog's least favorite thing? What might you have to "force" him to do? (bath, car, etc.)

_____